

Jessica Manicures and Pedicures

Reshape and Varnish / Reshape and Cuticles

£18 Thirty minutes

Reshape and Cuticles with Clear Varnish

£22 Thirty minutes

Jessica Prescriptive Manicure

Includes hand and arm massage, cuticle work, cut, file and polish.

£26 Forty five minutes

Jessica Deluxe Manicure

Including your choice of thermal mittens or 'Le Remide' hand treatment.

£32 One hour

The Perfect Trio

The prescriptive manicure with thermal mittens & 'Le Remide' hand treatment.

£36 One hour fifteen minutes

Le Remide Hand Treatment

A facial for the hands, this anti ageing treatment will help your hands defy time.

£17.50 Twenty five minutes

Jessica Aroma Spa Pedicure

Includes exfoliation, hard skin removal, foot massage, cuticle work, cut, file & polish.

£32.50 One hour

Jessica Deluxe Aroma Spa Pedicure

Including thermal booties to warm the feet and add moisture.

£37 One hour fifteen minutes

Time to Sparkle and Do Your Bling Thing

Create your own unique look with Swarovski crystals, dazzling craft glitter or mirror & hologram effect. Can be used on standard nail varnish and Geleration Gel varnish.

Swarovski crystals	25p each
Dazzling craft glitter	25p per nail
Mirror or Hologram	50p per nail

Eye Treatments

A patch test is required for all clients who have not previously had tinting with us. This must be carried out 48 hours prior to your appointment.

Eyelash Tint	£16	Twenty minutes
Eyebrow Tint	£9.95	Ten minutes
Eyelash and Eyebrow Tint	£21.50	Thirty minutes
Eyebrow Tint and Shape	£19.90	Twenty minutes
Eyelash Tint and Eyebrow Wax	£22.50	Thirty minutes
Eyelash & Eyebrow Tint with Eyebrow Wax	£30.95	Forty minutes

Ear Piercing

Includes your choice of studs and sterilising solution for 6 weeks.

£17 Ten minutes

Geleration Gel Nails

The beauty of Jessica in a gel with the natural nail in mind, Geleration Gel formula delivers a long lasting, flawless finish that dries in seconds.

Geleration Gel Manicure

All the benefits of a Jessica prescriptive manicure, finished with gel polish.

£35 One hour French polish - £5 extra

Geleration Refresh Manicure

Refresh your manicure with a coat of your existing gel polish or change for a darker one to make your gel manicure last even longer.

£26 Thirty minutes

Aromaspa Geleration Gel Pedicure

The traditional Aromaspa pedicure finishing with the Geleration Gel polish.

£40 One hour fifteen minutes French polish - £5 extra

Existing Gel Removal

Please allow an extra 30 minutes on treatments for existing gel removal with an additional cost of £7.50. Removal with no additional treatments charged at £12.95

Mii Make-Up

Make-Up Lesson or Makeover

Need a makeover for a special occasion or just a lesson to learn something new.

£40 One hour

Wedding Make-Up

Including a trial and the make up on the big day.

£70

Individual Eyelash Extensions

Providing thickness and length to your natural lashes. Please note a patch test is required at least 48 hours before your treatment.

Full Set £65 One hour thirty minutes

Top up appointments

£46	One hour
£36	Forty five minutes
£26	Thirty minutes

St Tropez Tanning

Simply St Tropez Cream Tan

Pressed for time - simply exfoliate and moisturise the day before.

Full body	£30	Forty five minutes
Half body	£24	Thirty minutes

Deluxe St Tropez Cream Tan

Includes a full body exfoliation.

Full body	£45	One hour fifteen minutes
Half body	£30	Forty five minutes

Please wear loose, dark clothing. No bathing for 8 hours.

Massage

Back, Neck and Shoulder Massage	£26.95	Thirty minutes
Deluxe Back, Neck & Shoulder Massage	£35	Forty five minutes
Full Body Massage	£42	One hour
Deluxe Full Body Massage	£58	One hour thirty minutes
Treat Your Feet Foot Massage	£26	Thirty minutes
New Beginnings Pregnancy Massage	£50	One hour fifteen minutes

Lava Shell 'Relax' Massage

Lava Shells are a revolutionary treatment using the worlds first self-heating massage tool. These eco-friendly tiger clam shells enable the therapist to work naturally with the body's muscles whilst the warmth helps to melt away aches and pains.

Back, Neck and Shoulder Massage	£34	Thirty minutes
Deluxe Back, Neck & Shoulder Massage	£42	Forty five minutes
Full Body Massage	£50	One hour

Waxing

Half Leg	£17.50
Three Quarter Leg	£22.50
Full Leg	£28
Bikini Line	£12.95
Californian Bikini Line	£17.50
Brazilian Bikini Wax	£22.50
Hollywood Wax	£26.50
Full Leg & Bikini	£36
Full Leg & Californian	£39
Full Leg & Brazilian	£44
Full Leg & Hollywood	£47
Underarm	£9.95
Lip or Chin	£9.95
Lip and Chin	£12.95
Nostril Wax	£9.95
Lip & Nostril Wax	£12.95
Forearm	£16.50
Eyebrow Wax / Shape	£10.25
Back	£24.50
Chest	£26.95

Gift vouchers are available

Please give 24 hours notice of cancellations
We reserve the right to charge for appointments missed without notice

Something for the Weekend beauty salon

29 Sea Road | East Preston | BN16 1JN

Tel 01903 784040 | Web www.sftw.biz

Mii

ST.TROPEZ
The Ultimate Tan

MARY COHR
PARIS

COCI
NON SURGICAL SOLUTIONS

JESSICA
Professional
GELeration

Opening Hours

Monday	Closed
Tuesday	09.00am - 7.00pm
Wednesday	09.00am - 5.30pm
Thursday	09.00am - 5.30pm
Friday	09.00am - 7.00pm
Saturday	09.00am - 1.00pm
Sunday	Closed

Mary Cohr Electrical Facials

Catiovital 2

Much more than a traditional beauty treatment, offering a deep & complete cleanse of the skin. Tailor-made for each clients needs, you will leave the salon re-hydrated, re-energised and radiant. A monthly facial will keep your skin in optimum condition.

£58.50	One hour fifteen minutes	£295	Course of six
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Catiovital 2 'Double Youth'

A Catiovital 2 with added firming and toning serums to revitalise the skin.

£70	One hour thirty minutes	£355	Course of six
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Catiolift 2 Express

This facial is designed to drain away puffiness, stimulate circulation and through the use of a stimulating current, firm and tone the muscles of the face and neck.

£44	Thirty minutes	£396	Course of ten
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Catiolift 2

The Catiolift 2 Express facial with added toning, stimulating lymph drainage massage and lifting mask. The skin is left youthful, radiant and lifted.

£60	One hour	£540	Course of ten
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Catiolift 2 Deluxe

The ultimate facial combining the power of the Catiovital 2 facial with the Catiolift 2.

£90	One hour forty five minutes		
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Eye Repair

This specialised eye treatment quickly and effectively decongests the delicate eye area, reducing puffiness and dark circles. All this whilst reducing fine lines and lifting & toning the skin.

£45	Forty five minutes	£122	Course of three
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Something For The Weekend Extras

Indulge yourself in some extra pampering by adding an extra 10 minute massage to any of your treatments or extending an existing one. Each add on costs £10.

Scalp Massage			
Back & Shoulder Massage			

Foot Massage			
Shoulder & Face Massage			

Reiki Healing

Reiki is a Japanese technique for stress reduction, relaxation and promoting healing. It is based on 'life force energy' and is a natural and safe method of spiritual healing. Reiki treats the whole person, body, emotions, mind and spirit promoting relaxation, security and well-being.

Thirty minute Reiki Session	£26
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Forty five minute Reiki Session	£34
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One hour Reiki Session	£40
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Reiki is powerful yet wonderfully gentle and nurturing, and can be used as an effective compliment to massage.

Reiki and Massage Session	£45	One Hour
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Mary Cohr Manual Facials

Beaute Lifting

This rejuvenating facial smooths wrinkles, firms and revitalises the skin. Using Hyaluronic acid and Pro-collagen it will leave your skin looking firmer, smoother and more radiant. A course of 3 treatments is recommended.

£48	One hour	£125	Course of three
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Beaute Lifting Deluxe

All the benefits of the Beaute Lifting facial with the therapeutic aid of an extra long oxygenating face and eye massage.

£55	One hour fifteen minutes	£280	Course of six
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Age Repair

Discover the ultimate anti ageing treatment that targets all signs of ageing. Using pure Vitamin C, Hyaluronic Acid and Pro collagen. You will see exceptional results from the very first treatment.

£68	One hour	£180	Course of three
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Age Repair Deluxe

Indulge yourself in this extra long ultimate anti ageing facial and awake to a smoother, more sculpted, radiant skin.

£76	One hour fifteen minutes		
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Peel and Lift

Using fruit enzymes, Glycolic acid and pure Vitamin C, this facial will gently exfoliate and soften the skin to reveal the radiance of new cells. It will leave you looking bright, radiant and firm with a youthful appearance.

£44	One hour	£115	Course of three
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Please note, a patch test is required 48 hours prior to your Peel and Lift treatment.

Beaute Aromatique

This blissful aromatherapy facial uses plant extracts and essential oils to create a radiant complexion.

£42	One hour		
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Tailored To You

Customised to your skin type, this therapeutic facial will leave your skin radiant.

£42	One hour		
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Refreshing Mini Facial

Give your skin an instant boost with this rejuvenating mini facial.

£26	Thirty minutes		
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Refreshing Mini Facial with Steam

For an extra boost add a deep cleansing steam with extraction.

£36	Forty five minutes		
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Facial Steaming

A facial steam can be added to all of our facials for an added deep cleansing benefit. After steaming we can help extract blackheads, whiteheads & milia and cleanse open, blocked pores.

£14	Fifteen minutes		
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CACI Facials

CACI Non-surgical Face Lift

Using tiny micro-currents to tone and firm facial muscles, smooth the appearance of fine lines and wrinkles, accelerate cellular renewal and redefine facial contours. A course of 2 a week for 5 weeks is recommended.

£55	One hour	£495	Course of ten
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CACI Jowl Lift Facial

Specifically developed to target muscle laxity around the jawline.

Stand alone treatment - £28	Thirty minutes	Course of ten - £252
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With CACI Facial add - £13	Fifteen minutes	With CACI Facial course add - £117
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CACI Ultra Skin Rejuvenation

This facial uses ultrasound to exfoliate the skin and LED Light therapy to plump fine lines, increase circulation, stimulate collagen and calm the skin.

£40	Forty five minutes	£360	Course of ten
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CACI Ultra Anti-ageing Facial

Combines all the benefits of the CACI Ultra skin rejuvenation with the added power of the CACI Non-surgical face lift. A course is recommended.

£75	One hour thirty minutes	£675	Course of ten
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CACI Hydratone Facial

This facial provides immediate and intensive skin hydration and firming. Contains Hyaluronic acid, Vitamins C and E and Collagen to improve skin radiance.

Stand alone treatment - £28	Thirty minutes		
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With CACI Facial add - £13	Fifteen minutes		
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CACI Eye Lift

Specifically designed to target the muscles of the eye area.

£28	Thirty minutes	£252	Course of ten
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CACI Ultra Eye Lift

Combining the CACI eye lift with the CACI ultra eye rejuvenation.

£40	Forty five minutes	£360	Course of ten
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CACI Eye Revive

The ultimate eye treatment. Using micro-current to gently tighten and tone sagging muscles and the CACI serum filled eye rollers to reduce puffiness and dark circles. Followed by the deeply nourishing Hydro Eye Mask to sooth the skin and reduce fine lines & wrinkles.

£42	Forty five minutes	£378	Course of ten
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CACI Ultra Healing and Acne Treatment

This healing treatment can be used to treat acne, blemishes, pigmentation and sensitive skin. A course is recommended.

£36	Forty five minutes	£324	Course of ten
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CACI Wrinkle Revolution

A non-invasive alternative to collagen and fillers.

£20	Twenty minutes		
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CACI Party Pout

Immediately plump the lips and leave them looking luscious.

£12	Ten minutes		
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CACI Body Treatments

CACI Electro Cellulite Massager

The ECM combines the therapeutic benefits of massage with the effectiveness of microcurrent therapy. The ECM utilizes 24 conductive rollers electrically charged to lift and firm the buttocks, contour and tone legs, treat cellulite, stimulate circulation and aid lymphatic drainage.

£40	Forty five minutes	£360	Course of ten
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CACI Ultra Healing Body Treatment

Help to treat acne, blemishes, eczema and psoriasis using blue LED and micro-current to deep cleanse and destroy bacteria. Ideal for congested backs and chests. A course is recommended.

£30	Thirty minutes	£270	Course of ten
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Mary Cohr Body Treatments

Spa Aromatique Slimming

This body wrap combines specialised anti cellulite massage techniques with the powerful properties of slimming Essential Oils to smooth, reduce cellulite and leave skin youthful. A course of 2 a week is recommended.

£55	One hour	£380	Course of eight
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Techni Slimming and Firming Body Wrap

This clinically proven treatment promotes tissue drainage, firms and tones the skin, reduces cellulite and helps to slim and shape the legs, hips and stomach. A course of 2 a week is recommended.

£65	One hour fifteen minutes	£325	Course of six
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Deluxe Techni Slimming and Firming Body Wrap

This deluxe body wrap incorporates all of the benefits of the Techni slimming and firming body wrap with added toning of the bust and arms.

£75	One hour thirty minutes	£375	Course of six
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Soothing Legs

This treatment combines the refreshing properties of Camphor and Menthol with expert drainage techniques to eliminate the sensation of tired, heavy legs. A course of 2 a week is recommended.

£50	One hour	£350	Course of eight
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Spa Aromatique Relaxation

This luxurious body wrap includes a full body exfoliation, warming wrap and relaxing massage. All tension is released and the skin is left perfectly smooth and silky soft.

£55	One hour fifteen minutes		
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Mango and Coconut Back Cleanse

For that hard to reach area, this treatment acts like a facial for your back. Deep cleanse, purify and restore radiance.

£38	Forty five minutes		
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Ultimate Top to Toe

From the soles of the feet to the crown of the head, this ritual combines a full body massage with a customised facial prescribed to your needs.

£85	Two hours		
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